



For those who have obtained unobstructed knowledge of Self, the world is seen merely as a bondage causing imagination.

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— Ramana Maharshi —

AZ QUOTES

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HEALTH AND EDUCATION TOP PRIORITIES FOR UAE ECONOMY

Health and education should be the top priorities for the UAE to fulfil its potential, said Sameh El-Saharty, programme leader of GCC countries at the World Bank, launching the World Bank Human Capital Index. To prepare Emirati youth for the future, the World Bank's findings recommend investment in early-stage development of children, improving basic proficiency and learning outcomes, equipping youth with skills needed for the 21st century, enabling and instilling a "long-life learning" culture, and tackling chronic diseases by focusing on risk factors. According to the World Bank's findings, 99 per cent of children born in the UAE today will survive to school age. In terms of adult survival, 93 per cent of children aged 15 years are expected to survive to the age of 60. **Source: The National**

Education News across the World



GATES FOUNDATION AWARDS \$8.7M TO ASU TO BOOST EDUCATION ACCESS

The Bill & Melinda Gates Foundation awarded a \$8.7 million grant to Arizona State University and the Be A Leader Foundation to build a K-12 pipeline to increase Arizona students' access to higher education. The funding will be used to launch the Arizona Network for School Improvement, which will leverage school district partnerships to improve educational outcomes and increase college enrollment among three school districts' most vulnerable students. While 53% of Arizona high school graduates enroll in a post-secondary institution in their first semester after high school, that number is significantly lower for underserved students. Phoenix Union High School District, Tolleson Union High School District and Mesa Public Schools will work with ASU, Be A Leader Foundation and with each other to create, track and implement strategies to increase well-matched postsecondary enrollment. **Source: ABC 15 News**

UNIVERSITY OF ARIZONA AND AMRITA UNIVERSITY OF INDIA PARTNER FOR EDUCATION AND RESEARCH

In their endeavor to offer globally relevant world-class programs across a broad spectrum of disciplines, Amrita University and the University of Arizona are embarking on a multidisciplinary partnership in education and research. The Lol seeks to initiate multidisciplinary collaborations for the highest standard curriculums leading to integrated and dual-degree programs at the bachelor's and master's levels. The key disciplines include Engineering, Biotechnology, Nanotechnology, Social Sciences, Medicine, Public Health, and Agriculture. The program will enhance Amrita as the study-abroad site for the University of Arizona students and vice versa and will engage more than 200 students annually for a minimum of one semester. **Source: PR Newswire**



UK EDUCATION AND TNE EXPORTS INCREASED TO £21.4 BILLION IN 2017

Revenue from UK education and transnational education activity exports increased to £21.4 billion in 2017, representing a 7.2% rise on 2016 figures, statistics from the UK government have revealed. Total education-related exports were estimated at £19.3bn in 2017, while TNE activity was £2.1bn. This is a rise of 30.4% and 94.0% since 2010, respectively. The statistics also revealed that higher education accounted for the vast share of revenue, contributing £14.4bn in total in 2017. However, revenue from further education for non-EU dropped by 67%, from £920m in 2010 to £310m in 2017. Over the same time period, revenue from independent schools rose by 55% to £970m and education products and services by 36% to £2.1bn. According to ISC, 60,000 non-British pupils at independent schools across the country account for £1.8bn of GDP per year, and support 39,310 jobs and generate £550m in annual tax revenues. **Source: The Pie News**



ASK THE EXPERT

How do I identify if I have depression or if I am just stressed at University? - Aman Sharma, Penn State University.

Hi Aman, This is a very interesting and importantly a very crucial matter which often requires detailing and proper analysis. As per a poll conducted by mtvU and the Associated Press in the spring of 2009 reported that 85% of students say they experience stress on a daily basis. Stress is good, only if it motivates you to make the best out of your opportunities and doesn't bring you down, mentally and physically. Depression is a more serious form of stress which is more long lasting. If you are feeling down for more than 2 weeks or more, have powerful mood changes which make you intensely sad and despair or if you feel highly exhausted all the time, then you may need help from a professional. Here are few of the symptoms from which you can identify if you are depressed or merely stressed : Withdrawal from people, Feeling sad or hopeless, Tendency of Suicide, Being restless, agitated and irritable, Trouble in concentrating and memory, Feeling intensely bad or guilty, A deep feeling that you won't be able to recover from the difficulties in your life and Sleeping more or less than usual, these are few of the major symptoms.

The good news is, Depression is treatable. If you are just stressed out, try and relax, make a plan ahead and figure out what exactly is causing you this stress. Take care of your mental, emotional and physical health and make sure that you don't keep burning the midnight oil day in and day out. Have a healthy diet, drink lots of water and exercise since it will help you to concentrate in your day to day activities and keep your worries at bay. Importantly get support from your family and friends since a heart to heart talk with your loved ones will help you get rid of all the toxic feelings and give you a fresh perspective on life.

This specific corner has been introduced for those who seek advice on education and related matters. If you have a feel free to submit your questions to aimri@ariesgroup.ae